



Pennsylvania Behavioral Health and Aging Coalition
Opening Doors for Older Pennsylvanians

News You Can Use...

October 19, 2010

SAMHSA Free Resources

Several publications are available through the Substance Abuse and Mental Health Services Administration relating to behavioral health issues in older adults.

Quick Guide for Mental Health Professionals Based on TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders

A resource that presents information about co-occurring substance use and mental disorders to mental health professionals, this Quick Guide summarizes the information in Treatment Improvement Protocol (TIP) 42 in an accessible and easy-to-use format. It includes guiding principles on assessment, treatment strategies and models, and substance abuse screening.

http://store.samhsa.gov/product/SMA10-4531?WT.ac=EB20100928_SMA10-4531

Illicit Drug Use among Older Adults

Examines the prevalence of any illicit drug use, marijuana use, and nonmedical use of prescription-type psychotherapeutic drugs among older adults aged 50 or older. Provides statistics about differences by age group and gender.

<http://store.samhsa.gov/product/NSDUH09-1229>

Get Connected! Toolkit (Linking Older Adults With Medication, Alcohol, and Mental Health Resources)

Alcohol, medication misuse, and mental health problems can be significant issues for older adults. This kit is designed to enable their service providers to undertake health promotion, advance prevention messages and education, and provide screening

<http://store.samhsa.gov/product/SMA03-3824>

Substance Abuse Among Older Adults (KAP Keys for Clinicians Based on TIP 26)

Provides guidelines and tools for screening and patient assessment of alcohol abuse and drug abuse among older adults. Discusses physical symptom screening triggers, effects of aging on response to drugs, and three screening tests to use with the elderly.

<http://store.samhsa.gov/product/KAPT26>



Good Mental Health is Ageless

Designed to increase awareness among older adults about the importance of good mental health. Easy to read brochure identifies signs of depression and other emotional problems and suggests steps the elderly can take to overcome these problems.

<http://store.samhsa.gov/product/PHD881>

Older Adults and Alcohol Use: Pocket Screening Tools

Provides 2 screening tools for use with older adults, the AUDIT-C brief screening tool and the Short Michigan Alcoholism Screening Test, Geriatric Version. One pocket-sized questionnaire is for primary care physicians, one can be used by non-medical professionals.

<http://store.samhsa.gov/product/SMA02-3621>

TIP 26: Substance Abuse Among Older Adults

Offers practice guidelines for the identification, screening, assessment, and treatment of the elderly for alcohol abuse and abuse of prescription drugs or over-the-counter drugs. Discusses outcomes and financial, ethical, and legal issues.

<http://store.samhsa.gov/product/SMA08-3918>

Substance Abuse Relapse Prevention for Older Adults: A Group Treatment Approach

Provides substance abuse counselors and treatment providers with background and how-to guidelines for introducing relapse prevention to older adults. Presents nine group therapy modules involving cognitive behavioral therapy and self-management intervention.

<http://store.samhsa.gov/product/SMA05-4053>

Gender Differences among Older Black Admissions to Treatment

Reports on gender differences in substance abuse treatment admissions among older adult Blacks. Discusses rates of alcohol and illicit drug use; treatment characteristics; socioeconomic factors; health insurance and income source; and co-occurring disorders.

<http://store.samhsa.gov/product/TEDS10-0812>

Homelessness, Accessible & Special Needs Housing highlighted at Conference (deadline approaching!)

Join the Housing Alliance of Pennsylvania for this year's Homes within Reach Conference November 8-10th, 2010 at the Hilton in Harrisburg. With 36 workshop options, 8 executive round tables, and a wealth of networking experiences the Homes within Reach Conference has been called "the event" for housing in Pennsylvania and the region.

The early bird deadline for a discounted price ends this **Friday, October 22nd**.

For more information, go to www.hwr2010.net or call 215-576-7044.



Color A Smile

A non-profit organization spreading smiles with cheerful drawings

Color A Smile collects crayon drawings from school children. Every month they distribute these drawings to Nursing Homes, Meals on Wheels Programs, and individuals across the country.

For more information, go to www.colorasmile.org.

The Farnese Symposium - Aging in Place: "Dealing with Mental Health Issues"

Wednesday, November 10, 2010

Drexel University, Philadelphia

More information will be available at www.FarneseSymposium.org beginning October 20, 2010.

QUIC Facts

"QUIC Facts" is a quality management brief about one aspect of an OMHSAS service. It gives a snapshot of the service's purpose and also presents data findings about the service. QUIC Facts are located on the PArecovery.org website.

For more information, go to http://parecovery.org/omhsas_quic.shtml

Aging Drug Users are Increasing and Facing Chronic Physical and Mental Health Problems

Health and social services are facing a new challenge, as many illicit drug users get older and face chronic health problems and a reduced quality of life. That is one of the key findings of research published in the September issue of the *Journal of Advanced Nursing*.

Interesting findings include:

- Some started taking drugs late in life due to stressful life events like divorce or death. Meeting a drug using partner was another trigger. One man started taking drugs later in life to shock his drug taking partner into stopping and ended up developing a drug habit himself.
- Most recognized that their drug use was having detrimental and cumulative effects on their health, as they had developed a range of chronic and life-threatening conditions that required hospitalization and ongoing treatment.

The article can be accessed at no charge at:

<http://onlinelibrary.wiley.com/doi/10.1111/j.1365-2648.2010.05378.x/pdf>

Source: Wiley Online Library — September 9, 2010



Report from the Field: Real-Life Adventures of ACOs in Massachusetts and California

Tuesday, November 2, 2010

2:30 - 4:00 PM EDT

What does Accountable Care mean?

The Affordable Care Act formally coins the term "accountable care organization" (ACO), but the concept has been at work in many parts of the country for many years.

In Massachusetts and California, provider organizations have been acting as ACOs for more than a decade. Hear real-world stories about what to do...and what to avoid!

Concrete tips on achieving success under these models: managing financial, operational, and clinical risk.

Registration information is available at:

<http://www.corporateresearchgroup.com/webinars/register.cfm?ConfCode=ZW10048>

DRUG USE AND OLDER ADULTS

A report on Emergency Department visits involving illicit drug use by older adults is now available on the SAMHSA website. Interesting findings include:

- In 2008, the majority of ED visits involving illicit drug use by older adults (71.2 percent) were made by males.
- More than half of visits were made by non-Hispanic blacks (58.2 percent), nearly one third were made by non-Hispanic whites (31.3 percent), and nearly one tenth were made by Hispanics (9.8 percent).
- Less than half of ED visits involving illicit drug use by older adults resulted in follow-up care; therefore, continued efforts to provide referrals in the ED may help older adults to receive appropriate treatment for substance abuse problems. ED visits involving heroin use in this population had an especially low rate of follow-up care and may represent missed opportunities for intervention.

The 4-page report can be accessed at:

<http://oas.samhsa.gov/2k10/DAWN015/IllicitAbuseHTML.pdf>

Source: The Drug Abuse Warning Network (DAWN) Report — September 9, 2010

Previous copies of PBHAC's News You Can Use are available on the website at
www.olderPA.org/newsletter

