



Pennsylvania Behavioral Health and Aging Coalition
Opening Doors for Older Pennsylvanians

ATTENTION: CNA's, PT/OT/SLT's, LPC's, Social Workers, Activity Directors, Recreational Therapists, Fitness Professionals, Caregivers, and Family Members Who Work with Seniors

[REGISTER NOW!](#)

Pennsylvania Behavioral Health and Aging Coalition
Presents
Ageless Grace[®]

****Partial Scholarships Available**
for 12.5 hour Educator Certification**

CEU's Offered

April 24 & 25, 2018 (9:00 a.m. – 5:00 p.m. each day)

**Holiday Inn Express & Suites Johnstown
1440 Scalp Avenue
Johnstown, PA 15904**

Ageless Grace is a cutting-edge brain fitness program based on neuroplasticity, with practice sets (or tools) that are designed to re-open the neural pathways created from the time we were born until we were about 18 years old. The tools create NEW neural pathways by practicing physical and mental skills we do not already know how to execute. Ageless Grace activates all 5 functions of the brain - analytical, strategic, kinesthetic learning, memory/recall, creativity and imagination - and addresses 21 primary "aging factors" of the body. The program consists of 21 simple exercise tools designed for all ages and abilities.

To learn more about the Ageless Grace Program, visit <http://agelessgrace.com/>

To Register:

For those who are NOT APPLYING for a scholarship, please go to <https://agelessgrace.com/training-events/johnstown-pa-april-24-25-2018/> to register.

For those who ARE APPLYING for a scholarship, please [click here](#) to register. Also, if you are applying for a scholarship, please complete the registration form and questionnaire under Section 2 below, and return to Anne Adams via:

Email: anne@olderpa.org OR

Fax: 717-652-1239 OR

Mail to: Pennsylvania Behavioral Health and Aging Coalition
3544 North Progress Avenue, Suite 107
Harrisburg, PA 17110

If you have any questions, please contact Anne Adams at anne@olderpa.org or call 717-857-3163.

Deadline for scholarship applications is April 6
Deadline for registration is April 11

Section 1

12.5-hour Certification is specifically designed for those who want to be a Certified Ageless Grace Educator and be able to focus on older adults. This certification goes into depth regarding the primary and secondary benefits of each practice set. This entails how each set is practiced, creation of music playlists, safety and precautions, PR and marketing skills, basic anatomy, how to organize a class format, and a wide-variety of ideas on how to instruct these spontaneous tools that are sparked by imagination and creativity, memory and recall, kinesthetic learning, analytical thinking and strategic planning.

Educational Objectives:

At the completion of this training, participants will have an understanding of the strategies utilized to teach the 21 Simple Tools for Lifelong Comfort and Ease for older adults. The objectives include:

- ❖ Concept of neuroplasticity
- ❖ Introduction of the 21 program sets (tools)
- ❖ Three R's of Ageless Grace

- ❖ Ageless Grace workshop formats
- ❖ Understanding why the program is practiced in a chair rather than standing
- ❖ Safety guidelines and precautions of the program
- ❖ Emphasis on stimulating five functions of the brain

Goals of the Program:

To train and prepare the certification participants to teach and to share the Ageless Grace, Brain Health Program in older adults settings, with the mission of changing the model of aging in the world.

Requirements for Certificate:

**Full attendance is required at the workshop to receive certification. Partial credit will NOT be awarded. Late arrivals or early departures will preclude awarding certification as full participation is required.*

[See Page 4 for Scholarship Information & Application](#)

Section 2

SCHOLARSHIP APPLICATION FORM

Name: _____

Title/Position: _____

Agency: _____

Address: _____

City/State/Zip Code: _____

Phone: (_____) _____ Fax (_____) _____

Email

Address: _____

***Please Complete the Questionnaire Below
and Submit with Scholarship Application Form***

If you are not applying for a scholarship, please register on-line at
<https://agelessgrace.com/training-events/johnstown-pa-april-24-25-2018/>

If you are applying for a scholarship, please [click here](#) to register on-line

Brief Questionnaire

PARTICIPANTS WILL BE SELECTED FOR AN AGELESS GRACE SCHOLARSHIP
BASED ON RESPONSES TO THE FOLLOWING QUESTIONS:

- 1) Why are you applying for a scholarship for the 2-day Ageless Grace training?
- 2) If you are selected for a scholarship, explain how you will use the training in your role as a Certified Ageless Grace Educator working with older adults.

ANSWERS SHOULD NOT EXCEED 1 PAGE EACH

*If selected as a candidate for a scholarship, I agree to participate in follow-up telephone interview related to the training.

Signature _____ Date _____

PLEASE ATTACH:

- 1) SECTION 2 – APPLICATION FORM
- 2) BRIEF QUESTIONNAIRE

Section 3

Fees:

Registration fees for **non-scholarship applicants** is \$410 per participant and includes tuition, the Seminar, training materials (book, DVD's & cards), and lunch. Payment can be made when registering at <https://agelessgrace.com/training-events/johnstown-pa-april-24-25-2018/>.

Limited partial scholarships are available. A registration fee for scholarship applicants is \$130. If a scholarship is not awarded, the remaining registration fee of \$280 is due by April 6, 2018. Contact anne@olderpa.org for more information.

Method of Payment:

___ Check (made payable to PA Behavioral Health & Aging Coalition and mailed to:
3455 North Progress Avenue, Suite 107, Harrisburg, PA 17110

___ Credit Card on-line (we will email you an invoice via PayPal if you would like to pay by credit card)

Refund/Cancellation:

Canceled scholarship registrations through <http://www.olderpa.org/event-2708200> more than two weeks before the activity will be refunded less a 20% service charge. Cancellations less than two weeks before the program will be invoiced or a substitute is permitted.

Please call for further information: call Anne Adams at 717-857-3163.

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